NOC Championships 2019

The 2019 NOC Championships will be held at the DVO Colour coded event at Longshaw on <u>Saturday</u> 26th October. To count in your age class for the club championships you should run the course shown in the table below:

Course	Mens Classes	Womens Classes
Brown	M21, M35, M40, M18, M20	
Blue	M45, M50, M55, M60, M16	W21, W35, W40, W20, W45
Green	M65, M70	W16, W18, W50, W55, W60
Short Green	M75, M80, M85, M90	W65, W70
Very Short Green		W75, W80, W85, W90
Light Green	M14	W14
Orange	M12	W12
Yellow	M10	W10

The grid reference for Longshaw is S11 7TY and it is an entry on the day event. Further details are on the <u>Derwent Valley Orienteers</u> website. There is a National Trust tea shop near the event car park.

Prizes to the NOC champions in each class will be awarded at the NOC Christmas event.

Apologies for not giving more notice of this year's NOC championships.

Mick Lucking

NOC Team Manager